

## **Lesson 10 – The Resurrection**

The people who crucified Jesus thought they had put an end to Him when He died on Good Friday. But they couldn't have been more wrong. On the third day, Sunday, Jesus rose from the dead!

This is the first Easter, and today Easter Sunday is the biggest holiday in the Church! It is the day that Jesus rose from the dead. That is why Sunday is a holy day, and we go to Mass every Sunday throughout the year. Every Sunday is like a mini-Easter.

In the Church, we celebrate the Easter season for fifty days. It is a time of great celebration. The sadness of Jesus's death on Good Friday is replaced by the joy of Jesus's resurrection.

When Jesus rose from the dead, He defeated death forever. It no longer has power over us. What does this mean? It means that Jesus was the first to rise from the dead, but He is not the last. You will also rise from the dead!

You probably know that you have a body and a soul. When a person dies, their soul separates from their body. Your soul is spiritual, so it can't die. But God made our bodies and souls to be together, so someday our bodies will rise from the dead, too. Since Jesus defeated death, we will too! Now you know why Easter is so special.